Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Coffee Chat & Chronicals 10:30am Catholic Mass 11:00am Music & Movement 1:00pm Board Games 2:00pm Treats & Tales 3:00pm Let Play Music 4:00pm Relax To Music	2 9:30am Coffee Chat & Chronicals 10:00am Bean Bag Toss 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Singing to the Oldies 4:00pm Relax To Music	3 9:30am Coffee Chat & Chronicals 10:00am Busy Hands 10:30am Exercise w/Legacy 1:00pm BINGO 2:00pm Crafty Corner 3:00pm Music Magic 4:00pm Relax To Music	4 9:30am Coffee Chat & Chronicals 10:00am Move to the Music 11:00am Dancing thru Decades 1:00pm Crafty Corner 2:00pm Outing/Scenic Drive Forest Park 3:00pm Pretty Nails 4:00pm Relax To Music	5 9:30am Coffee Chat & Chronicals 10:00am Chair Exercise 11:00am Balloon Ball 2:00pm Crafty Corner 2:00pm Popsicle Social 3:00pm Movie (Princess The Bride) 4:00pm Relax To Music	6 9:30am Coffee Chat & Chronicals 10:00am Catholic Mass 11:00am Sit and Fit 1:00pm BINGO 2:00pm Ice Cream Social 3:00pm Entertainment Hour 4:00pm Relax To Music	7 9:30am Coffee Chat & Chronicals 10:00am Creative cooking: 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream 3:00pm Game Shows 4:00pm Relax To Music
8 9:30am Coffee Chat & Chronicals 10:30am Catholic Mass 11:00am Music & Movement 1:00pm Board Games 2:00pm Treats & Tales 3:00pm Let Play Music 4:00pm Relax To Music	9 9:30am Coffee Chat & Chronicals 10:00am Cup Challenge 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Singing to the Oldies 4:00pm Relax To Music	10 9:30am Coffee Chat & Chronicals 10:00am Busy Hands 10:30am Exercise w/Legacy 1:00pm BINGO 2:00pm Crafty Corner 3:00pm Music Magic 4:00pm Relax To Music	11 9:30am Coffee Chat & Chronicals 10:00am Move to the Music 11:00am Dancing thru Decades 1:00pm Crafty Corner 2:00pm General Knowledge Trivia 3:00pm Pretty Nails 4:00pm Relax To Music	12 9:30am Coffee Chat & Chronicals 10:00am Chair Exercise 11:00am Pass The Present 2:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Movie (Some Like It Hot) 4:00pm Relax To Music	13 9:30am Coffee Chat & Chronicals 10:00am Sit and Fit 11:00am Sing a Long 1:00pm BINGO 2:00pm Ice Cream Social 3:00pm Entertainment Hour 4:00pm Relax To Music	14 9:30am Coffee Chat & Chronicals 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream 3:00pm Game Shows 4:00pm Relax To Music
15 9:30am Coffee Chat & Chronicals 10:30am Catholic Mass 11:00am Music & Movement 1:00pm Board Games 2:00pm Treats & Tales 3:00pm Let Play Music 4:00pm Relax To Music	16 9:30am Coffee Chat & Chronicals 10:00am Bean Bag Toss 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Singing to the Oldies 4:00pm Relax To Music	17 9:30am Coffee Chat & Chronicals 10:00am Busy Hands 10:30am Exercise w/Legacy 1:00pm BINGO 2:00pm Crafty Corner 3:00pm Music Magic 4:00pm Relax To Music	18 9:30am Coffee Chat & Chronicals 10:00am Move to the Music 11:00am Dancing thru Decades 1:00pm Crafty Corner 2:00pm Popsicle Social 3:00pm Pretty Nails 4:00pm Relax To Music	19 9:30am Coffee Chat & Chronicals 10:00am Love On the Leash 11:00am Crafty Corner 1:00pm Garden Club 2:00pm Popsicle Social 3:00pm Movie (Annie) 4:00pm Relax To Music	20 9:30am Coffee Chat & Chronicals 10:00am Sit and Fit 11:00am Sing a Long 1:00pm BINGO 2:00pm Ice Cream Social 3:00pm Entertainment Hour 4:00pm Relax To Music	21 9:30am Coffee Chat & Chronicals 10:00am Creative cooking: 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream 3:00pm Game Shows 4:00pm Relax To Music
22 9:30am Coffee Chat & Chronicals 10:30am Catholic Mass 11:00am Music & Movement 1:00pm Board Games 2:00pm Treats & Tales 3:00pm Let Play Music 4:00pm Relax To Music	23 9:30am Coffee Chat & Chronicals 10:00am Family Feud 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Singing to the Oldies 4:00pm Relax To Music	24 9:30am Coffee Chat & Chronicals 10:00am Busy Hands 10:30am Exercise w/Legacy 1:00pm BINGO 2:00pm Crafty Corner 3:00pm Music Magic 4:00pm Relax To Music	25 9:30am Coffee Chat & Chronicals 10:00am Move to the Music 11:00am Dancing thru Decades 1:00pm Crafty Corner 2:00pm Outing/Crown Candy 3:00pm Pretty Nails 4:00pm Relax To Music	26 All Day Happy Thanksgiving! May your attitude of gratitude open the doors of love and abundance.	27 9:30am Coffee Chat & Chronicals 10:00am Sit and Fit 11:00am Sing a Long 1:00pm BINGO 2:00pm Ice Cream Social 3:00pm Entertainment Hour 4:00pm Relax To Music	28 9:30am Coffee Chat & Chronicals 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream 3:00pm Game Shows 4:00pm Relax To Music
29 9:30am Coffee Chat & Chronicals 10:30am Catholic Mass 11:00am Music & Movement 1:00pm Board Games 2:00pm Treats & Tales 3:00pm Let Play Music 4:00pm Relax To Music	30 9:30am Coffee Chat & Chronicals 10:00am Bean Bag Toss 11:00am Music & Movement 1:00pm Crafty Corner 2:00pm Ice Cream Social 3:00pm Singing to the Oldies 4:00pm Relax To Music					

November 2026

Promenade Senior Living MC

Happy Thanksgiving!